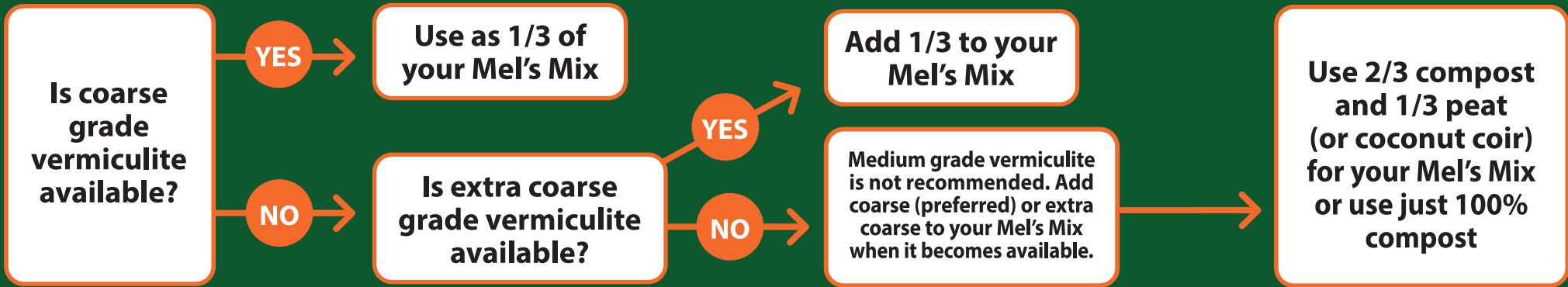




MEL'S MIX™ FORMULA

This proven formula is easy to make at home. Please note: these ingredients will be in equal volumes, not by weight.

- 1/3 Coarse Grade Vermiculite (*Mel's preference*)
- 1/3 Sphagnum Peat Moss (*You can also use Coconut Coir*)
- 1/3 Blended Organic Compost (*Mel recommended 5 different composts combined for optimal results*)



BLENDED COMPOST

Mel recommended 5 different sources of compost combined for optimal results. Manures should not exceed 20% of your mix, and count as one of the 5 sources. Make sure there is no peat moss in any of your compost types if buying from a retailer.