

EQUAL PARTS BY VOLUME of JUST THREE NATURAL INGREDIENTS

1/3

COARSE VERMICULITE

Coarse vermiculite is the gold standard for Mel's Mix. You may use extra coarse if regular coarse is not available.

DO NOT USE medium grade vermiculite.

If vermiculite is not available use instead 2/3 compost and 1/3 peat moss until coarse or extra coarse grade vermiculite becomes available.



1/3

SPHAGNUM PEAT MOSS

The United States, imports Canadian Sphagnum peat moss for horticultural use. Due to peat's high capacity to hold water, air and nutrients it is a key ingredient in Mel's Mix.

Canadian Sphagnum peat moss grows more than 60 times faster than it is harvested, making it abundant and environmentally sustainable.

If you are unable to access Peat Moss, use 2/3 compost and 1/3 coarse grade vermiculite until peat moss becomes available. Peat Moss may not be available in Europe, the UK and many countries.



1/3

BLENDED ORGANIC COMPOST

Compost is, without question, the best material in which to grow plants, and a crucial ingredient in your Mel's Mix.

Compost is also the only ingredient that you'll need to replenish after each square is harvested and replanted. If you are buying bagged compost, Mel recommended 5 different sources of compost combined for optimal results.

Manures should not exceed 20% of your mix and only count as one of the 5 sources. Other sources: •Mushroom •Worm Castings •Seafood Industry • Forest Products. It's important to screen all bagged compost free of large chunks.

